



WFH RECIPES

Ingredients

Lettuce
Tomatoes
Red onion
Cucumbers
Parsley
Mint

Dressing

Salt
Black pepper
Sumac
Za'atar
Lemon
Olive Oil

OHAD'S ISRAELI SALAD

Directions

Chop lettuce

Dice up tomatoes

Dice red onions, use less of this than other vegetables - about 1 onion to 3 tomatoes

Chop cucumbers into small cubes

Chop parsley

Chop mint - it adds much for flavor!

Whisk dressing ingredients together and base proportions on your preferred taste profile. I like to go heavy on the lemon so that it's the main flavor profile.

Toss with salad and enjoy!