



WFH RECIPES

Ingredients

Olive oil

Lemon

Garlic

Thyme

Salt

Pepper

Whatever you catch!

Fishing from Shay's backyard! For those of you who were at last year's GF55 summer outing, you know how great that is!

OCEANSIDE GRILLING WITH SHAY

Directions

1. Simple. Throw it on the grill!
2. This is Porgy. According to Shay, it's not the best fish, but it's what he caught! And it looks delish!

